

## **SANITARY PROTOCOL AND PRECAUTIONS AT THE RESIDENTIAL MEETINGS AND ACTIVITIES BY HREYN**

The following is a protocol for the participants, staff and guests attending the physical meetings or activities of HREYN during the sanitary crisis of COVID-19. Attendance at these events means that the individual agrees and takes responsibility to respect the protocol.

### **I VISION STATEMENT**

At HREYN we believe that human life and health trumps every other aspect of regular face-to-face meetings. Therefore, we strive to plan activities in a way that reduces threats to a minimum, and for this task we assume the full support and approval from the members and beneficiaries of our activities and their readiness to fulfill their responsibilities to act in the best possible way that reduces risking the health of self and others.

### **II BEFORE TRAVELLING**

We strongly recommend getting the available vaccine in your locality upon approval by the medical representatives. Before you depart, make sure that you meet all the requirements set out by the receiving country (police form, PLF, vaccination certificate, negative PCR test result, etc). Contact the organisers if you are required to present the invitation letter or a verbal note.

Take extra measures while planning your journey - book the tickets with the possibility of cancellation and full refund, prioritise trips with less layovers and stops, in order to decrease the risks of being exposed to SARS-CoV-2 and other respiratory infections. Ensure that you have valid travel insurance.

Whether you are vaccinated or not, please, decrease your number of contacts before travelling to the venue, avoid crowded areas and close contact with others. During your trip to the venue wear a mask, physically distance yourself from others, frequently sanitise your hands, avoid touching your face.

### **III IN CASE OF TICKET CANCELLATION**

HREYN will cover the cost of cancelled tickets if:

- the airline cancels the flights and the cancellation can be justified (normally the company sends an email to the traveller);
- it is impossible to travel because of border closures or because of the restrictions put in place by the governments of the different countries of departure and destination (in this case, it is necessary to provide justification that it was not possible to travel).
- HREYN cancels the event because of the COVID-19 pandemic.

### **IV AT THE VENUE**

#### **Rules and regulations**

Follow the measures and respect the regulations imposed by the receiving country or area.

## **Masks**

Masks must be worn at all times covering nose, mouth and chin. Participants must bring their own masks for the duration of their stay. Surgical or FFP2 masks must be worn at all times inside the venue. Masks can be removed outdoors while maintaining the appropriate physical distancing. The surgical mask must be changed every 4 hours and the FFP2 mask every 7 hours. Special bins are provided for the disposal of masks and their recycling. Make sure to cut the attached loops to save the sea creatures.

## **Check-in at Reception**

Upon arrival, participants will be asked to complete an individual check-in form and sign a declaration confirming that:

- they comply with the conditions of the Health Authorities of the receiving country;
- they declare that they do not have any symptoms related to COVID-19 and have not been in contact with a confirmed COVID-19 case within the 14 days preceding their arrival;
- they commit to inform the the organisers if they show symptoms of the COVID-19 during their stay and/or up to 12 days after their stay;
- they will respect the hygiene measures in place at the venue.

## **Hand-cleansing**

Sanitising gel is available throughout the venue. Participants are encouraged to wash their hands with soap and water as often as possible.

## **Disinfection**

Shared objects must be disinfected by participants using disinfectant wipes.

## **Physical distancing**

When wearing a mask, participants must respect a minimum distance of one metre. When exceptionally not wearing a mask (for example eating or drinking, or smoking) the minimum distance is 2 metres.

## **Drinking water**

Participants are encouraged to bring their own water bottles.

## **Shared areas**

Ensure the proper and continuous aeration of the shared rooms.

## **Going out**

Decrease your visits outside the venue premises to a minimum, avoid contacting others. Please, be cautious and responsible, even during free evenings and social activities.

## **Measures to follow in if a case of COVID-19 is suspected**

The person must:

1. self-isolate in their bedroom, or the room identified by the organisers;
2. inform the organisers of the situation;
3. follow the instructions given.

## **V AFTER THE EVENT**

Please, inform the organisers if you test positive for Sars-CoV-2 in 12 days upon your departure from the venue.